

# WORKSHOPS

## MOSAICS

**Sunday 19th & 26th February**  
1pm-3pm Cost \$15.00  
Join us for this 2 part activity making a decorative house number.

## SUNDAY FUNDAY

**Sunday 19th February & 19th March**  
1pm-3pm Cost \$10.00  
A fun activity for adults with dance, games, and laughter.

## PASSATA MAKING

**Sunday 19th March**  
10am-1pm Cost \$10.00  
Enjoy learning to make a popular Italian sauce.

## CREPE PAPER FLOWERS

**Sunday 26th March**  
10am-12pm Cost \$10.00  
Learn to create stylish flowers using crepe paper.

# WATSONIA AFTER DARK

is a program of activities where you can connect with others and make new friends.

## YOGA

**EVERY WEDNESDAY**  
7pm-8:30pm Cost \$10.00  
Yoga to nourish the body, mind and spirit.

## SUCCULANT PROPAGATION

**Monday 13th February**  
7pm-8.30pm Cost \$10.00  
Learn how to propagate succulent plants.

## KOKEDAMA

**Monday 20th February**  
7pm-8.30pm Cost \$10.00  
Learn to make your very own Kokedama.

## AUTUMN PLANTING

**Monday 27th February**  
7pm-8.30pm Cost \$10.00  
Learn to plant violas & pansies plus discuss seasonal foods to grow.

## EMBROIDERY HOOPS

**Monday 6th March**  
7pm-8.30pm Cost \$10.00  
Learn to use basic stitches to create your very own stylish embroidery hoop.

## SHASHIKO

**Monday 20th March**  
7pm-8.30pm Cost \$10.00  
Learn how to upcycle denim shorts and Japanese decorative way adding style to your clothes.

## MACRAME PLANT HANGERS

**Monday 27th March**  
7pm-8.30pm Cost \$10.00  
Learn how to do macramé.

## SUCCULANT TERRARIUMS

**Monday 3rd April**  
7pm-8.30pm Cost \$15.00  
Make your own terrarium using succulent plants.



**TERM 1 PROGRAM  
2023**  
30th January - 6th April

**Wurundjeri Country**  
**47 Lambourn Road, Watsonia VIC 3087**  
**03 9434 6717 / 0492 944 608**

**[www.watsonianh.org.au](http://www.watsonianh.org.au)**  
**Find us on Facebook and Instagram**





## ART & CREATIVITY

### ACRYLIC PAINTING CLASSES

**MONDAYS** 10am-12:30pm & 7pm-9:30pm  
\$198.00 (9 lessons)

**TUESDAYS** 7pm-9:30pm \$220 (10 lessons)

**FRIDAYS** 2:30pm-5pm \$198 (9 lessons)

### CREATIVE ART CLASSES

**TUESDAYS** 9:30am-11:30am \$150 (10 lessons)  
1pm-3pm \$150 (10 lessons)

### BOOMERANG BAGS SEWING GROUP

**WEDNESDAYS** 10am-12pm **FREE**

No sewing experience necessary.

### STITCH, KNIT & CROCHET CLASSES

**FRIDAYS** 10:30am-12:30pm

10 weeks - \$100 or \$50 for 5 lesson block.



## SOCIAL GROUPS

### DISABILITY PEER ACTION GROUP

Second **MONDAY** of the month.

1pm-3pm **FREE**

Creating opportunities for self advocacy for people with disabilities in our community.

Support workers welcome. Online & Onsite

### WALKING GROUP

**TUESDAYS** 10am-11am **FREE**

Explore Gresswell Forest on this weekly guided walk.

### FRIENDSHIP GROUP

**TUESDAYS** 10:30am-12:30pm

\$4 per session

Bookings  
required  
for all  
activities

## GREEN THUMBS GARDENING GROUP

1st and 3rd **WEDNESDAY** of the month

10am-12pm **FREE**



## BOOK CLUB

1st **THURSDAY** of the month

9:30am-11:30am \$10 annual fee + \$4 per session

## OMNI GROUP (OLDER MEN NEW IDEAS)

Over 50s discussion group for men.

2nd & 4th **THURSDAYS** of the month

1pm-3pm \$5 per week

Get in  
touch to  
book

## CARERS SUPPORT GROUP

1st **THURSDAY** of the month

12pm-1:30pm **FREE**



## HEALTH WELLBEING

### YOGA

**Wednesday** 7-8pm

**Thursday** 9:30-10:30am

\$10 per class - Book online

## COMMUNITY CUPBOARD

Our Community Cupboard contains food and household essentials.

Community use this space to swap seeds & plants, and is a collection point for community craft packs, puzzles and kids activities. Donations can be left on the front porch.



## COMMUNITY LUNCH

**TUESDAYS** 12pm-1pm **FREE**

Informal social lunch of delicious hot meal food.

## ABOUT US

Located beside peaceful and leafy Aminya Reserve on the corner of Kenmare Street and Lambourn Road, Watsonia Neighbourhood House is a safe, welcoming and inclusive community where strengths are cultivated, lifelong learning and sharing is fostered, and people are empowered to thrive.

Our facilities are wheelchair accessible, with ramps and rails at every entry/exit point. Wheelchair charging points are available on site. Well lit and easily accessible off-street parking and peaceful outdoor spaces. Gender neutral and accessible bathrooms.

## ROOM HIRE

Small and large rooms at Watsonia Neighbourhood House can be hired by community groups or organisations, either for single events or ongoing basis. Please contact us to organise a tour and discuss your room hire needs.



## LITTLE LIBRARY

Our Little Library is accessible 24 / 7 at the front of the house.

Take a book.  
Leave a book.

## SUSTAINABLE WATSONIA

Sustainable Watsonia aims to build a more sustainable and resilient community. Initiatives

include food swaps, sustainable living and zero waste workshops

Go to [facebook.com/groups/sustainablewatsonia](https://facebook.com/groups/sustainablewatsonia).

