

PROGRAM

FEBRUARY MARCH APRIL 2022



03 9434 6717 / 0492 944 608 **Wurundjeri Country** 47 Lambourn Road, Watsonia VIC 3087



GET IN TOUCH

03 9434 6717 / 0492 944 608 admin@watsonianh.org.au www.watsonianh.org.au www.facebook.com/WatsoniaNH www.instagram.com/watsonianeighbourhoodhouse Wurundjeri Country 47 Lambourn Road, Watsonia VIC 3087

ABOUT US

Located beside peaceful and leafy Aminya Reserve on the corner of Kenmare Street and Lambourn Road, Watsonia Neighbourhood House is a safe, welcoming and inclusive community where strengths are cultivated, lifelong learning and sharing is fostered, and people are empowered to thrive. Our facilities are wheelchair accessible, with a ramps and rails at every entry/exit point.

Wheelchair charging points are available on site. Well lit and easily accessible off-street parking and peaceful outdoor spaces.

Gender neutral accessible bathrooms on-site.

In line with State Government directives, only fully vaccinated participants, or those with a valid medical exemption, are able to participate in activities with this symbol.

Fully Vaccinated only

ONLINE CONNECTIONS

'SUMMER IN WATSONIA' **Photo Competition**

Submit images by 28th Feb 2022 For rules and more information see our website Community Arts Project page.

BANYULE / DAREBIN DISABILITY PEER ACTION GROUP

Second MONDAY of the Month 1 - 3 PM FREE - Online & Onsite

ONLINE TRIVIA

WEDNESDAYS 16th Feb & 16th March 7PM - 8PM Join in our fun, family friendly, inclusive online trivia. Prizes to be won.



WEDNESDAY AFTFRNOON FOOD BOXES Fresh fruit and vegetables, non-perishables and essential household goods available. Contact us to organise a box for your household.

COMMUNITY CUPBOARD

EVERYDAY - ALL HOURS

Our Community Cupboard contains food and household essentials.

Community can use this space to swap seeds & plants, and can be a collection point for community craft packs, puzzles and kids activities when we have them. Donations can be left on the front porch.

ORANGE SKY LAUNDRY

THURSDAY 1 - 3pm FREE Laundry Service

▲ ACRYLIC PAINTING

MONDAY 10am - 12:30pm & 7pm - 9:30pm 9 weeks \$198

TUESDAY 7pm - 9:30pm **FRIDAY** 2:30pm - 5pm 10 weeks \$220

BANYULE/ DAREBIN PAG

Second **MONDAY** of the Month 1 - 3 PM FREE - Online & Onsite

▲ CREATIVE ART CLASS

TUESDAY 9:30am - 11:30am 10 weeks \$135

▲INTERVIEW SKILLS

TUESDAY 4 weeks from 15th February 1pm - 3pm \$20 / \$5 concession

WALKING GROUP

TUESDAY 10am - 11am FRFF

▲ FRIENDSHIP GROUP

TUESDAY 10:30am - 12:30pm \$4 per week

CHARITY KNITTING GROUP

2nd TUESDAY of the Month 1pm - 3pm

BOOMERANG BAGS SEWING GROUP

WEDNESDAY 10am - 12pm FREE No sewing experience necessary.

SUSTAINABLE WATSONIA



Sustainable Watsonia aims to build a more sustainable and resilient community. Initiatives include food swaps, repair café sustainable living workshops and zero waste community lunches,

facebook.com/groups/sustainablewatsonia

WATSONIA AFTER DARK

YOGA

WEDNESDAY 2nd Feb & 2nd March FRIDAY 25th Feb & 25th March 7pm - 8pm \$2.50

ONLINE TRIVIA

WEDNESDAYS 16th Feb & 16th March

7pm - 8pm FREE

Fun, family friendly & inclusive. Prizes to be won!

KOKODAMA & INDOOR PLANTS

FRIDAY 11th Feb 7pm - 9pm \$5

Make your own Japanese moss ball to take home

▲ CARERS CRAFTING GROUP

Fourth WEDNESDAY of the Month 1pm - 3pm FREE

Get in

touch

to book

▲ INTRO TO GARDENING

WEDNESDAY 4 weeks from 16th March 1pm - 3pm \$20 / \$5 concession

DIGITAL LITERACY

THURSDAY 4 weeks course Dates TBC \$20 / \$5 concession

▲OMNI (OLDER MEN NEW IDEAS)

2nd & 4th THURSDAYS of the Month 1pm - 3pm \$5 per week

BOOK CLUB

CARERS SUPPORT GROUP

First THURSDAY of the Month 12pm - 1:30pm FREE

STITCH, KNIT & CROCHET

FRIDAY 9.45am - 11.45am & 12pm - 2pm 8 weeks - \$80 or \$40 for 4 week block

▲ SOCIAL SUNDAYS

SWAP DAY

6th Feb 11am - 2pm FREE Come & swap plants, books, clothes, etc

ZEN DAY

13th Feb 11am - 12pm \$5 Meditation & Breathwork

HEALTH DAY

20th Feb 10 - 11:30am \$5 Gresswell Forest walk followed by healthy smoothie making

BILLY CART DAY

27th Feb 1pm - 3:30pm \$15 per Billy-cart. Build and decorate your own Billy-Cart Each child must have 1 on 1 adult supervision

TRASH CARDS

6th March 10am - 12pm \$5 Use rubbish in a creative way

MINDFUL DAY

13th March 11am - 12pm \$5 Learn easy mindfulness techniques

PASSATA DAY

20th March 10am - 1pm \$15 Make & bottle/jar passata Followed by pasta lunch

CLAY DAY

27th March 1pm-3pm \$5 Get creative with Air Dry clay

3rd April 11am - 12pm \$5 GARDEN DAY Learn about Winter veggie gardening

First **THURSDAY** of the Month

9:30am - 11:30am \$10 annual fee + \$4 per session